

GHOSTS

- ✓ Recently, my daughter came home from a sleep-over at a girlfriends house. I asked, "What did you guys do last night?" She replied, "My friend can see ghosts!" I answered off the cuff, "Oh, that must have kept you guys entertained." She remained silent and maybe a little hurt at my dismissal of the subject. Later on, I started to think it over. What are ghosts? Do they exist? How do I understand this kind of entity? It isn't that I don't believe or disbelieve in ghosts, it is more that I haven't been that interested to find out what I think. Ghosts and ghost stories just don't hold my attention for long. But now, I felt I ought to come up with my position on the subject.

- If a ghost can exist, it would have to be because the individual has been pretty good at distinguishing between their spirit and their body during their lifetime. This distinguishing experience would have to be fairly well established in the mind of the individual, or the spirit would die along with the body. They would have to be able to distinguish a spirit within them, while sensing their bodily presence *simultaneously.*
- ✓ ~~which energy being separate from the~~
- ✓ ~~feeling of their body.~~ Over a lifetime, the individual would have to have a *having an independent existence.*
- ✓ well-established and distinct experience of the two, ~~so that the spirit could~~